# **lob 2 wie ben ik als professional?**

# **kwaliteiten**

startopdracht

### **2. Bedenk jouw kwaliteiten en ontwikkelpunten**

Zet achter elke eigenschap een kruisje op de plek die het best bij jou past.

++ = Deze eigenschap past heel erg bij mij.

+ = Deze eigenschap past bij mij.

+/- = Deze eigenschap past een beetje mij.

- = Deze eigenschap past niet bij mij.

- - = Deze eigenschap past helemaal niet bij mij.

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Goede eigenschap | + + | + | + / - | - | - - | Goede eigenschap | + + | + | + / - | - | - - |
| betrouwbaar | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | beleefd | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| enthousiast | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | handig | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| ijverig | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | zelfstandig | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| gezellig | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | doorzetter | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| aardig | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | verant-woordelijk | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| vrolijk | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | humoristisch | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| spontaan | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | netjes | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| eerlijk | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | invoelend | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| evenwichtig | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | nauwkeurig | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| creatief | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | actief | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| geduldig | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | zelfverzekerd | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| serieus | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | kritisch | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| zorgvuldig | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | behulpzaam | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| zeker | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | ordelijk | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| zorgzaam | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | zakelijk | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |

Welke vijf kwaliteiten kun jij inzetten in jouw opleiding? Op wat voor manier heb je daar iets aan in je opleiding? Kies uit de eigenschappen waarbij je + of ++ hebt ingevuld.

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| 5 |  |

Welke vijf eigenschappen wil je beter ontwikkelen? Hoe zou je die kunnen gaan ontwikkelen? Kies uit de eigenschappen waarbij je +/- of - of - - hebt ingevuld.

|  |  |
| --- | --- |
| 1 |  |
| 2 |  |
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| 4 |  |
| 5 |  |